



The Shuttle Express



Saina Nehwal wins Bronze at the Olympics

Taking Indian Badminton a notch higher in the international circuit, Saina Nehwal brought a Bronze Medal for her country from the recently concluded Olympic Games held in United Kingdom. Born on 17th March 1990, the Rajeev Khel Ratna award winning Badminton Player is currently ranked number 4 in the world by Badminton World Federation. She is the first Indian woman to win a medal in both in Olympics and the World Junior Championships. At such a young age, Saina inspires many through her determination, dedication and performance. For a young woman who is passionate about sports, playing in the Olympics has been a notable achievement.

Her matches started on a positive note when she defeated Swiss ranked player Sabrina Jaquet with 21-9, 21-4. She cruised to the quarter-finals after beating seeded player Jie Yao of Netherlands in 21-14, 21-16. Her trademark disguised drop shots came into action as she successfully demolished the Dutch player. The quarter-finals witnessed a more aggressive Saina who faced Tine Baun and won the match with 21-15, 22-20. Her instinct and gut enabled her to keep Baun at bay while she was being cheered on endlessly by the Indian supporters who had flocked to the stadium.

Though Saina lost to Yihan Wang of China, a packed stadium cheered Saina when the high-voltage bronze medal play-off started against Xin Wang. But Wang had to retire hurt after a knee injury and Saina won the match. Saina was hugely inspired by the cheering crowd but she admitted that she felt a bit nervous while playing.

Her coach, champion shuttler Pullela Gopichand expressed immense pride in her achievements. He lauded her steady and calm nature in approaching the game which progressed to secure successive wins, making her nation proud. Saina's on court performance was commendable and it is a huge distinction to play against these seasoned players. Being one of the top achievers in Badminton, she is intrinsic in putting India into the global Badminton map.

Getting the bronze medal was an outstanding feat from such a young player who played with incredible style and composure throughout the entire tournament. Her surety in every match was effortless and she proves to be numero uno in Badminton and an icon for every aspiring Badminton player.

*Mr. Tim Mawer
Invited By South Calcutta
District Badminton Association*



South Calcutta District Badminton Association, an affiliated unit of West Bengal Badminton Association invited Mr. Tim Mawer, Badminton England level two coach to Kolkata to conduct a clinic with the players. Seen here with Sri JP Kalyani, president of South Calcutta District Badminton Association and other officials.

International & Indian Current Rankings

World Ranking	Indian Ranking
Men's Singles : Lin Dan (CHN)	Men's Singles : Saurabh Varma (PET)
Women's Singles : Wang Yihan (CHN)	Women's Singles : Neha Pandit (AAI)
Men's Doubles : Cai Yun & Fu Haifeng (CHN)	Men's Doubles : Tarun K. & Arun Vishnu (PET)
Women's Doubles : Tian Qing & Zhao Yunlei (CHN)	Women's Doubles : Siki Reddy N. (AP) & Aparna Balan (PET)
Mixed Doubles : Xu Chen & Ma Jin (CHN)	Mixed Doubles : Aparna Balan (PET) & Arun Vishnu (PET)

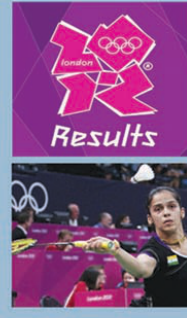
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Olympic Games Results 2012



: Men's Singles :



Dan Lin - Gold

Dan Lin (CHN) Beat Chong Wei Lee (MAS)



Chong Wei Lee - Silver



Long Chen - Bronze

Long Chen (CHN) Beat Lee Hi (KOR)

: Men's Doubles :



Cai Y & Fu H F - Gold

Cai Y & Fu H F (CHN) Beat Boe M & Mogensen C (DEN)



Boe M & Mogensen C - Silver



Chung Js & Lee Yd - Bronze

Chung Js & Lee Yd (Kor) Beat Koo Kk & Tan Bh

: Women's Singles :



Li X R - Gold

Li X R (CHN) Beat Wang Y H (CHN)



Wang Y H - Silver



Saina Nehwal - Bronze

Saina Nehwal (IND) Beat Wang X (CHN)

: Women's Doubles :



Tian Q & Zhao Y L - Gold

Tian Q & Zhao Y L (CHN) Beat Fujii M & Kakiwa R (JPN)



Fujii M & Kakiwa R - Silver



V Sorokina & N Vislova - Bronze

V Sorokina & N Vislova (RUS) Beat Bruce A & Li M (CHN)

: Mixed Doubles :



Zhang N & Zhao Y L - Gold

Zhang N & Zhao Y L (CHN) Beat Chen Xu & Ma Jin (CHN)



Xu C & Ma J - Silver



J Fischer & C Pedersen - Bronze

J Fischer & C Pedersen (DEN) Beat T Ahmad & N Iliyana (IDN)

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Bangladesh National Junior Team visited Bengal Badminton Academy



Sheshadri Sanyal BBA Player ladies singles state Champion



Results of Shuttle Express Open Badminton Championships 2012

- Under- 9 Boys :** Arya Roy Beat Aritra Ghosh
- Under- 9 Girls :** Yasvi Bhaia Beat Saranya Chakroborty
- Under-12 Boys :** Aditya Mondal Beat Anshul Jhunjhunwala
- Under-12 Girls :** Arundhuti Bose Beat Yasvi Bhaia

- Under-15 Boys :** Subhadwip Chakroborty Beat Souptik Ghosh
- Under-15 Girls :** Nandini Agarwal Beat Sharmilee Chakroborty
- Under-18 Boys :** Ankit Rehman Beat Subhadwip Chakroborty
- Under-18 Girls :** Palak Poddar Beat Nandini Agarwal



Dignitaries Present During The Event :

Sri Bhaskar Ganguly, Eminent Footballer | Ms. Poulomi Ghatak & Sri Soumyadeep Roy, Olympian Table Tennis Player
Sri Jayanta Saha, IRS | Sri Binod Kumar, IAS | Smt Smita Pandey, IAS | Sri Akhilesh Chaturbedi, IPS | Sri Samir Dasgupta | Smt Deepa Chatterjee

- About 200 players from all the centers of BBA participated in this event.
- Yonex prizes worth Rs.75,000.00 from quarter final stages given to the participants



WINNER OF LAST ISSUE

- * Tamashi Poddar winner of BT 5 Yonex Bag
- * Subhajit Das winner of BT 5 Yonex Bag



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8 Players suspended in Olympics for underperforming

Eight women Badminton players were suspended by Badminton World Federation for throwing the match to get a favorable opponent in the next round. The suspended players are Wang Xiaoli and Yu Yang of China, Greysia Polii and Meiliana Jauhari of Indonesia, Jung Kyung Eun and Kim Ha Na of South Korea, Ha Jung Eun and Kim Ming Jung of South Korea as well. The eight players have been charged with "not using one's best efforts to win a match" and "conducting oneself in a manner that is clearly abusive or detrimental to the sport".

Kashyap gives Lee a scare

The quick footed shuttler Parupalli Kashyap is the first Indian to reach the Men's Quarter Finals of the London Olympics where he was pitted against World No: 2 and top-seeded Malaysian Lee Chong Wei. During the match, Lee seemed to power through his smashes but as time progressed Kashyap broke through the consistent hits by Lee to level the scores at 15-15 in the Wembley Arena. During the second half, Kashyap faltered a bit which gave Lee the opportunity to pick up the pace more. However, Kashyap's smashes were effective enough to get a lead of 19-18. Eventually, Kashyap lost the match at 21-19, 21-11 in a well fought quarter final.

The performance put up by the badminton players in this edition of Olympic Games is indeed praiseworthy and opens the door towards a brighter future in the game.

Answer the Questions & Win Attractive Prizes



Find the answers at Shuttle Express March - April issue

1. Name the womens singles national champion?
2. Who felicitated Rituparna Das at Bengal Badminton Academy?
3. Who was the special guest from SAI at Bengal Badminton Academy?
4. Name the winner of Indian open grand prix gold men s Singles?
5. Name the featured Yonex racket?

Terms & Conditions :

- * In each issue of shuttle express there will be 5 questions on previous issue. So read issue of Shuttle Express carefully.
- * First Five correct answers will be given Yonex prizes.
- * There will be lottery amongstst all who will give correct answer to select the winners.

Badminton Tips

The singles court can be a lonely place. Especially if you find yourself up against it. But the only person you can rely on is you. There's no coach to hold your hand to give you the psychological lift to offer escape from a tight spot. and no partner to pick up the baton if you are experiencing a temporary dip. There are four basic areas you should be addressing in your approach to singles:

- Fitness • Mentality • Technical ability • Tactics

The first category speaks for itself. You are going to have to cover plenty of court, especially against an opponent with a comprehensive range of shots, so take a long hard look at both your nutrition and your exercise programme. Ensure that when you go out on court, your body is up to the challenge. Remember that with two evenly matched players in terms of technical ability, the destiny of the match often rests on who has the greater fitness levels.



Tim Mawer with Players



Tim Mawer with Players

FEEDBACK

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We request all Badminton players & lovers to share their Feedback with us.
The best 3 letters will be printed in the next issue.